





# EMERGENCY RESPONSE

A member of the Tunstall Group

Throughout Ireland, Family Carers dedicate themselves to providing remarkable levels of care in the home to their loved ones. Once a year we can give them the acknowledgement they deserve through the Carers of the Year Awards. Emergency Response and The Carers Association needs your help to identify these carers. If you know a Carer whether a relative, neighbour or a friend who you think should be recognised and rewarded for the extraordinary levels of care they provide to a loved one, then please fill in the nomination form on the back page and return to us.

There are two categories of awards:

Carers of the Year Awards and the Young Carer of the Year Award.

## Who is a family Carer?

Family Carers provide high levels of care, at home, for children and adults with special needs, severe disabilities, mental illnesses, frail older people and people who are terminally ill. Carers need to be constantly available due to the high levels of social and health care needed at home and in case of emergency. The Carers life centres on the needs of the person requiring care. Carers often overlook or suppress their own health and emotional needs in their concern for looking after the person they love.

## Who is a Young Carer?

Young Carers are Carers under 18 years of age who provide care to ill or disabled relatives in the home. Their work often goes unrecognised and their own social, health and educational needs are often neglected.

## The Carers Association

The Carers Association is Ireland's national voluntary organisation for and of Family Carers in the home. We aim to provide family Carers with emotional and practical supports; to promote the interests of family Carers and those receiving care in the home through effective partnership, lobbying and advocacy and to gain recognition and social justice for Carers invaluable contribution to Irish Society. All the Associations 16 resource centres and two service projects provide a range of information and supports for family Carers.

## Emergency Response Ltd-Sponsors

Emergency Response Ltd is Ireland's largest dedicated response centre that provides telecare solutions to support independent living. Emergency Response Ltd is a quality provider of personal, home and workplace monitoring solutions. Committed to achieving excellence in customer satisfaction they provide customers with cost-effective, flexible and high quality products and services on a 24 hour basis. Their telecare systems can monitor the person's activities and safety whilst providing reassurance through effective communication with the monitoring centre through the lifeline unit.

## How to nominate a Carer

Simply fill in the nomination form overleaf, giving details as to why the Carer should be considered for an Award.

Then send it, together with any other information you think is necessary to:

**Carers of the Year Awards**  
The Carers Association,  
Market Square,  
Tullamore,  
Co. Offaly

**FREEFONE: 1800 24 07 24**  
**www.carersireland.com**

Closing date for receipt of nominations is Friday 10th September 2010.

If you have any questions, or would like another nomination form, please contact The Carers Association on **Freefone 1800 24 07 24** or visit our website **www.carersireland.com**.

Four Regional Carers of the year will be chosen from all the entries received.

Three Regional Carers will receive a Commemorative Award and a weekend break in Ireland for two people.

The National Carer of the Year will be chosen from the Regional Carers of the Year and will receive a Commemorative Award and a Cash Prize.

The Young Carer of the year will receive a Commemorative Award and a laptop computer.

In recognition of their nomination, each Carer will receive a Commemorative Certificate as a memento.

Closing date for receipt of entries is Friday 10th September 2010. Decision of the judges is final. No correspondence will be entered into.

Please tick category: Carers of the Year  Young Carer of the Year

I wish to nominate  
Carers name:

Address:

Tel. no:   
Age of Carer:  Age of Cared for Person:

Your own name:

Your Address:

Your tel. no:

Your email:

Please tick one of the following:

I am a: relative  friend  neighbour of nominee  health care professional

Your signature:

Date:

Outline the main reasons why you believe this Carer should win the Carers of the Year Award in the following space provided (please turn overleaf for further writing space).

The Carers of the Year Awards 2010